

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Care Suites Life Enrichment Calendar

<p>9:30 Sit & Be Fit 10:00 Daily Chronicles & Snack 10:30 Good News Network 11:00 Songs of Faith 12:30 After Lunch Walk 1:30 Church Service in the Chapel 2:30 Ice Cream Social 3:30 Movie Matinee & Manicures 6:15 Patio Chats & Snack</p>	<p>9:30 Exercise 10:00 Daily Chronicles & Snack 10:30 Would You Rather? Labor Day Edition 12:30 After Lunch Walk 1:30 Occupational Trivia 2:00 The Workplace: An Ever-Changing Place 2:30 Ice Cream Social 3:30 Comedy Hour 6:15 Courtyard Relaxation 7:00 Evening Snack Labor Day</p>	<p>9:30 Music & Movement 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Say It with Music 2:00 Happy Birthday, Freddie Mercury 2:30 Ice Cream Social 3:30 Tuesday Travelogue 4:00 Brain Teasers 6:15 Tuesday Travelogue 7:00 Evening Snack</p>	<p>9:30 Mind & Body Exercises 10:00 Daily Chronicles & Snack 10:00 Rosary in the Chapel 10:30 Good News Network 11:00 Songs for the Soul 12:30 After Lunch Walk 1:30 Star of the Month 2:00 Ice Cream Social 3:00 Chat Pack 4:00 Prayers & Devotions 6:15 Tai Chi with Jessica 6:45 Movie & Popcorn</p>	<p>9:30 Sit-and-Stretch 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Art & Crafts 2:30 Ice Cream Social 3:30 BINGO 6:15 Casino Night & Card Club 7:00 Evening Snack</p>	<p>9:30 Scarf Exercise 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Reading/Book Club 2:30 Ice Cream Social 3:30 Courtyard Conversations 6:15 Sewing & Fashion Trivia 6:45 Evening Mocktails & Snack</p>	<p>9:30 Fun & Fitness 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Crossword Puzzle 2:30 Ice Cream Social 3:30 The History of Studebakers 6:15 Songs with Pam on TH 7:00 Evening Snack</p>
<p>9:30 Sit & Be Fit 10:00 Daily Chronicles & Snack 10:30 Good News Network 11:00 History of Grandparents Day 12:30 After Lunch Walk 1:30 Church Service – Chapel 2:30 Ice Cream Social 3:30 Movie Matinee & Manicures 6:15 Patio Chats & Snack 7:00 The Special Bond Grandparents Day</p>	<p>9:30 Exercise 10:00 Daily Chronicles & Snack 10:30 National Day of Service and Remembrance 12:30 After Lunch Walk 1:30 September Modern Jeopardy Trivia 2:30 Ice Cream Social 3:30 The Carol Burnett Show Anniversary 6:15 Card Games 7:00 Patio Hour & Snack</p>	<p>9:30 Music & Movement 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Say It with Music 2:30 Chocolate Milkshakes 3:30 The History of Milkshakes and Delicious Facts 4:00 Who Am I? 6:15 Tuesday Travelogue 7:00 Evening Snack</p>	<p>9:30 Mind & Body Exercises 10:00 Daily Chronicles & Snack 10:00 Rosary in the Chapel 10:30 Good News Network 11:00 Songs for the Soul 12:30 After Lunch Walk 1:30 Afternoon Biography 2:00 Ice Cream Social 3:00 Chat Pack 4:00 Prayers & Devotions 6:15 Tai Chi with Jessica 6:45 Movie & Popcorn</p>	<p>9:30 Sit-and-Stretch 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Art & Crafts 2:30 Ice Cream Social 3:30 BINGO 6:15 Casino Night & Card Club 7:00 Evening Snack</p>	<p>9:30 Scarf Exercise 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Reading/Book Club 2:30 Root Beer Float Social 3:30 About Rosh Hashanah 6:15 Conversation Corner 6:45 Evening Mocktails & Snack</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Fun & Fitness 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Crossword Puzzle 2:30 Ice Cream Social 3:30 All About Oktoberfest 6:15 Songs with Pam on TH 7:00 Evening Snack</p> <p>Oktoberfest Begins</p>
<p>9:30 Sit & Be Fit 10:00 Daily Chronicles & Snack 10:30 Good News Network 11:00 Songs of Faith 12:30 After Lunch Walk 1:30 Church Service in the Chapel 2:30 Ice Cream Social 3:30 Movie Matinee & Manicures 6:15 Patio Chats & Snack</p>	<p>9:30 Exercise 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Cranium Crunches 2:30 Ice Cream Social 3:30 Chair Yoga 4:00 History Lesson 6:15 Card Games 7:00 Courtyard Relaxation & Evening Snack</p>	<p>9:30 Music & Movement 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Birthday BINGO on TH 2:30 September Birthday Celebration 4:00 Premiere of The Mary Tyler Moore Show 6:15 Tuesday Travelogue 7:00 Evening Snack</p>	<p>9:30 Mind & Body Exercises 10:00 Daily Chronicles & Snack 10:00 Rosary in the Chapel 10:30 Good News Network 11:00 Songs for the Soul 12:30 After Lunch Walk 1:30 Afternoon Biography 2:00 Ice Cream Social 3:00 Chat Pack 4:00 Prayers & Devotions 6:15 Tai Chi with Jessica 6:45 Movie & Popcorn</p>	<p>9:30 Sit-and-Stretch 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Art & Crafts 2:30 Ice Cream Social 3:30 BINGO 6:15 Casino Night & Card Club 7:00 Evening Snack</p>	<p>9:30 Scarf Exercise 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 German Jeopardy Trivia 2:30 Oktoberfest Celebration 3:30 Oktoberfest Fun Facts & Trivia 4:00 English Words with German Origins 6:15 Conversation Corner 6:45 Evening Mocktails & Snack</p>	<p>9:30 Fun & Fitness 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Crossword Puzzle 2:30 Ice Cream Social 3:30 Autumn Reminisce 6:15 Songs with Pam on TH 7:00 Evening Snack</p> <p>Autumn Begins</p>
<p>9:30 Sit & Be Fit 10:00 Daily Chronicles & Snack 10:30 Good News Network 11:00 Songs of Faith 12:30 After Lunch Walk 1:30 Church Service in the Chapel 2:30 Ice Cream Social 3:30 Movie Matinee & Manicures 6:15 Patio Chats & Snack</p>	<p>9:30 Exercise 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 September Jeopardy Trivia 2:30 Ice Cream Social 3:30 Chair Yoga 4:00 History Lesson 6:15 Card Games 7:00 Patio Hour & Snack</p>	<p>9:30 Music & Movement 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Happy Birthday, Johnny Appleseed 2:30 Dutch Apple Cake 3:30 Afternoon Reminisce 4:00 Trivia Time! 6:15 Tuesday Travelogue 7:00 Evening Snack</p>	<p>9:30 Mind & Body Exercises 10:00 Daily Chronicles & Snack 10:00 Rosary in the Chapel 10:30 Good News Network 11:00 Songs for the Soul 12:30 After Lunch Walk 1:30 Afternoon Biography 2:00 Ice Cream Social 3:00 Chat Pack 4:00 Prayers & Devotions 6:15 Tai Chi with Jessica 6:45 Movie & Popcorn</p>	<p>9:30 Sit-and-Stretch 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Art & Crafts 2:30 Ice Cream Social 3:30 BINGO 6:15 Casino Night & Card Club 7:00 Evening Snack</p>	<p>9:30 Scarf Exercise 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Reading/Book Club 2:30 Moon Pies 3:30 Harvest Moon Day & Moon Songs 6:15 Conversation Corner 6:45 Evening Mocktails & Snack</p> <p>Sukkot Begins</p>	<p>9:30 Fun & Fitness 10:00 Daily Chronicles & Snack 10:30 Good News Network 12:30 After Lunch Walk 1:30 Crossword Puzzle 2:30 Ice Cream Social 3:30 Comedy Hour 6:15 Songs with Pam on TH 7:00 Evening Snack</p>

Yom Kippur Begins

Sukkot Begins