

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Monthly Theme:
Galloping
Into May

9:30 Balloon Toss
10:00 May Day Around the World 1
10:30 Daily Chronicles & Morning Snack
1:30 Friendly Visits
2:30 Ice Cream
3:30 Afternoon Stretch
6:00 The Symbols of May Day
7:00 Evening Snack

May Day

9:30 Music & Movement
10:00 Laughter is the Best Medicine
10:30 Daily Chronicles & Morning Snack
1:30 Bible Bits Trivia
2:30 Ice Cream Social
3:30 Devotions and Hymns with Jon
6:00 Evening Movie & Manicures
7:00 Evening Snack

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9:30 Move & Groove
10:00 Landmarks Around the World
10:30 Daily Chronicles & Morning Snack
1:30 Music & Massage
2:30 Ice Cream
3:00 History of Clydesdale Horses
6:00 Aromatherapy
7:00 Evening Snack

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9:30 Morning Stretch
10:00 White Board Word Games
10:30 Daily Chronicles & Morning Snack
1:30 Creative Art
2:30 Ice Cream Social
3:00 Afternoon Stretch
3:30 Jammin' with Pam
6:00 Old Wives Tales
7:00 Evening Snack

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9:30 Music & Movement
10:00 Let's Celebrate Cinco de Mayo 5
10:30 Daily Chronicles & Morning Snack
1:30 What Am I?
2:30 Float Friday
3:15 Sing with Pam
6:00 Color Me Calm
7:00 Evening Snack

Cinco de Mayo

9:30 Talk Derby to Me 6
10:00 Daily Chronicles & Morning Snack
10:30 Soulful Songs with Pam
1:30 Tabletop Horse Race
2:30 Ice Cream Novelties
3:00 Food for Thought – Kentucky Derby Dining
6:00 Adventures Around the World
7:00 Evening Snack

9:30 Hymn Sing
10:00 What Am I? 7
10:30 Daily Chronicles & Morning Snack
1:30 Group Up
2:30 Sundae Sunday
3:30 Chair Dancing
6:00 Aromatherapy
7:00 Evening Snack

9:30 Laughter is the Best Medicine
10:00 State Trivia
10:30 Daily Chronicles & Morning Snack
1:30 Reminiscence with Me
2:30 Ice Cream Social
3:30 Afternoon Stretch
6:00 Where in the World
7:00 Evening Snack

8

9:30 Morning Stretch
10:00 Lifelong Learning – A History of Horses 9
10:30 Daily Chronicles & Morning Snack
1:30 This or That
2:30 Ice Cream Social
3:30 Jeopardy Trivia
6:00 Evening Movie & Manicures
7:00 Evening Snack

9:30 Front Porch Travels
10:00 Where in the World?
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective
2:30 Ice Cream Social
3:30 Plants and Animals – The Mother Plant
6:00 This or That
7:00 Evening Snack

10

9:30 Old Wives Tales
10:00 Whiteboard Word Games
10:30 Daily Chronicles & Morning Snack
1:30 This or That
2:30 Ice Cream Social
3:00 Who Am I?
6:00 Relaxing Music with Pam
7:00 Evening Snack

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9:30 Morning Stretch
10:00 Famous Faces
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective – Beauty Salon
2:30 Float Friday
3:15 Sing with Pam
6:00 Aromatherapy
7:00 Evening Snack

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9:30 Laugh with Me
10:00 Storytelling
10:30 Daily Chronicles & Morning Snack
1:30 Happy Tunes with Pam
2:30 Ice Cream Novelties
3:30 Chair Dancing
6:00 Amazing Animal Facts
7:00 Evening Snack

13

9:30 Songs of Faith
10:00 **The History of Mother's Day** 14
10:30 Daily Chronicles & Morning Snack
1:30 Reminiscence with Music – Mother's Day
2:00 Sing Along
2:30 Sundae Sunday
3:30 Mother's Day Humor
6:00 **Famous Mothers Trivia**
7:00 Evening Snack

Mother's Day
National Skilled Nursing Care Week

9:30 Music & Movement
10:00 This or That
10:30 Daily Chronicles & Morning Snack
1:30 Friendly Visits
2:30 Ice Cream Social
3:00 Take it Away with the Tuba
6:00 What Did They Invent
7:00 Evening Snack

15

9:30 Music & Movement
10:00 Laughter is the Best Medicine
10:30 Daily Chronicles & Morning Snack
1:30 Bible Bits Trivia
2:30 Ice Cream Social
3:30 Devotions and Hymns with Jon
6:00 Evening Movie & Manicures
7:00 Evening Snack

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9:30 This Day in History
10:00 US Landmarks
10:30 Daily Chronicles & Morning Snack
1:30 Friendly Visits
2:30 Ice Cream Social
3:30 Finish the Song Lyric
6:00 Aromatherapy
7:00 Evening Snack

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9:30 Morning Stretch
10:00 White Board Word Games
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective
2:30 Ice Cream Social
3:30 Jammin' with Pam
6:00 Read and Write – The Golden Prince
7:00 Evening Snack

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9:30 Famous Funny Quotes
10:00 Poetry Club
10:30 Daily Chronicles & Morning Snack
1:30 Group Up
2:30 Float Friday
3:15 Sing with Pam
6:00 Color Me Calm
7:00 Evening Snack

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9:30 Morning Stretch
10:00 Armed Forces Day Fun Facts 20
10:30 Daily Chronicles & Morning Snack
1:30 Make a Difference with Pam
2:30 Ice Cream Novelties
3:30 Military Trivia
6:00 Adventures Around the World
7:00 Evening Snack

Armed Forces

9:30 Songs of Faith
10:00 Bible Trivia
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective
2:30 Sundae Sunday
3:30 Easy Does It Trivia
6:00 Aromatherapy
7:00 Evening Snack

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9:30 This Day in History
10:00 Brain Games
10:30 Daily Chronicles & Morning Snack
1:30 Afternoon Stretch
2:30 Ice Cream Social
3:00 Travelogue – Nevada
6:00 Where in the World
7:00 Evening Snack

Victoria Day (Canada)
22

9:30 Morning Stretch
10:00 Name 10 Trivia
10:30 Daily Chronicles & Morning Snack
1:30 Laughter is the Best Medicine
2:30 Ice Cream Social
3:30 Random Trivia
6:00 Evening Movie & Manicures
7:00 Evening Snack

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9:30 Front Porch Travels
10:00 Where in the World?
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective
2:30 Ice Cream Social
3:00 Can You Picture It?
6:00 This or That
7:00 Evening Snack

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9:30 Old Wives Tales
10:00 All About Shavuot 25
10:30 Daily Chronicles & Morning Snack
1:30 Shavuot True or False
2:30 Ice Cream Social
3:00 Arts and Crafts
6:00 Relaxing Music with Pam
7:00 Evening Snack

Shavuot Begins

9:30 Do You Hear What I Hear?
10:00 Who Am I? 26
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective – Rummage Sale
2:30 Float Friday
3:15 Sing with Pam
6:00 Aromatherapy
7:00 Evening Snack

9:30 Laugh with Me
10:00 Morning Stretch
10:30 Daily Chronicles & Morning Snack
1:30 Junk Drawer Detective
2:30 Ice Cream Novelties
3:30 Horse Themed Trivia
6:00 Aromatherapy
7:00 Evening Snack

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9:30 Songs of Faith
10:00 Name 10 Trivia
10:30 Daily Chronicles & Morning Snack
1:30 Chair Dancing
2:00 Sing Along
2:30 Sundae Sunday
3:30 Bible Trivia
6:00 All About Pets
7:00 Evening Snack

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9:30 Balloon Toss
10:00 Memorial Day at Arlington National Cemetary 29
10:30 Daily Chronicles & Morning Snack
1:30 Memorial Day Trivia
2:30 Ice Cream
3:30 Afternoon Stretch
6:00 What Did They Invent
7:00 Evening Snack

Memorial Day

9:30 Music & Movement
10:00 Laughter is the Best Medicine
10:30 Daily Chronicles & Morning Snack
1:30 Bible Bits Trivia
2:30 Ice Cream Social
3:30 Devotions and Hymns with Jon
6:00 Evening Movie & Manicures
7:00 Evening Snack

30

9:30 Move & Groove
10:00 What Am I? 31
10:30 Daily Chronicles & Morning Snack
1:30 Music & Massage
2:30 Ice Cream
3:30 The Power of Pets
6:00 Aromatherapy
7:00 Evening Snack

May 2023

Four Oaks

Activities are subject to change to meet the needs of our residents.